

NORWALK YACHT CLUB

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SOUTH NORWALK, CONNECTICUT 06854

JSA EASTERN DISTRICT REGATTA LASER RADIAL, PIXEL AND OPEN BLUE JAY DIVISIONS

*VICINITY OF GREEN'S LEDGE LIGHTHOUSE
JULY 11, 2007*

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by:

- 1.1 The 2005-2008 Racing Rules of Sailing.
- 1.2 The Prescriptions of US Sailing.
- 1.3 The 2007 Rules for JSA Events.
- 1.4 The rules of the Laser, PIXEL and Blue Jay classes, except as any of these are changed by the Sailing Instructions.
- 1.5 The Notice of Race and any amendments thereto.
- 1.6 These Sailing Instructions and any amendments thereto.

2. ELIGIBILITY

- 2.1 All competitors must comply with the eligibility rules of the JSA of LIS.
- 2.2 This regatta is for boats of the Pixel, Blue Jay Open and Laser Radial classes.
Competitors MUST be members of their respective class associations.
- 2.3 All competitors shall be certified competent for this event by the Head Instructor or Program Head of the Junior Sailing Program at their club or organization.
- 2.4 The organizing authority or the race committee may reject the entry of any boat, in accordance with Rule 76.1.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official regatta notice board located near the front door of the NYC Junior Clubhouse.
- 3.2 Any change to the sailing instructions will be posted on the official regatta notice board by 0830 on the day of the regatta, and on the water from the race committee signal boat until course signals are displayed.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the starboard yard of the NYC flagmast.
- 4.2 At 0940 on July 11th, the race committee will signal the Harbor Start with one horn and depart the harbor. No boat shall leave the dock until the Harbor Start has been signaled. Postponement or abandonment may be signaled instead of the Harbor Start.

5. SCHEDULE

5.1 As many races as possible will be sailed. Completion of one race shall constitute a series.

5.2 The schedule shall be as follows:

Wednesday, August 11, 2007

Contestants' Meeting	0915	<i>Main Deck</i>
Mandatory Instructors' Meeting	0930	<i>Main Deck</i>
Harbor Start	0940	
Signal Boat on Station	1040	<i>On the water</i>
First Warning Signal	1100	<i>On the water</i>
Lunch		<i>On the water between races</i>
No warning signal after 1530		
Awards: immediately following final race and any protests		

5.3 Arrival for the regatta may be by land or water. For those arriving by land, boats may be dropped off Tuesday evening at Norwalk Yacht Club's South Dock area. Pixel and Blue Jay launching by electric hoist will be available commencing at 0800 on Wednesday, July 11, 2007. Laser radials will launch by dolly from NYC floats or from the beach. Those arriving by water should be in the racing area in sufficient time to check in and receive any changes to the sailing instructions.

6. CLASS FLAGS

The class flags will be:

Class 1 – Laser Radial	Numeral 1
Class 2 – Pixel	Numeral 2
Class 3 – Blue Jay	Numeral 3

7. RACING AREA

The racing area will be on Long Island Sound, in the vicinity of Green's Ledge Light.

8. SAFETY

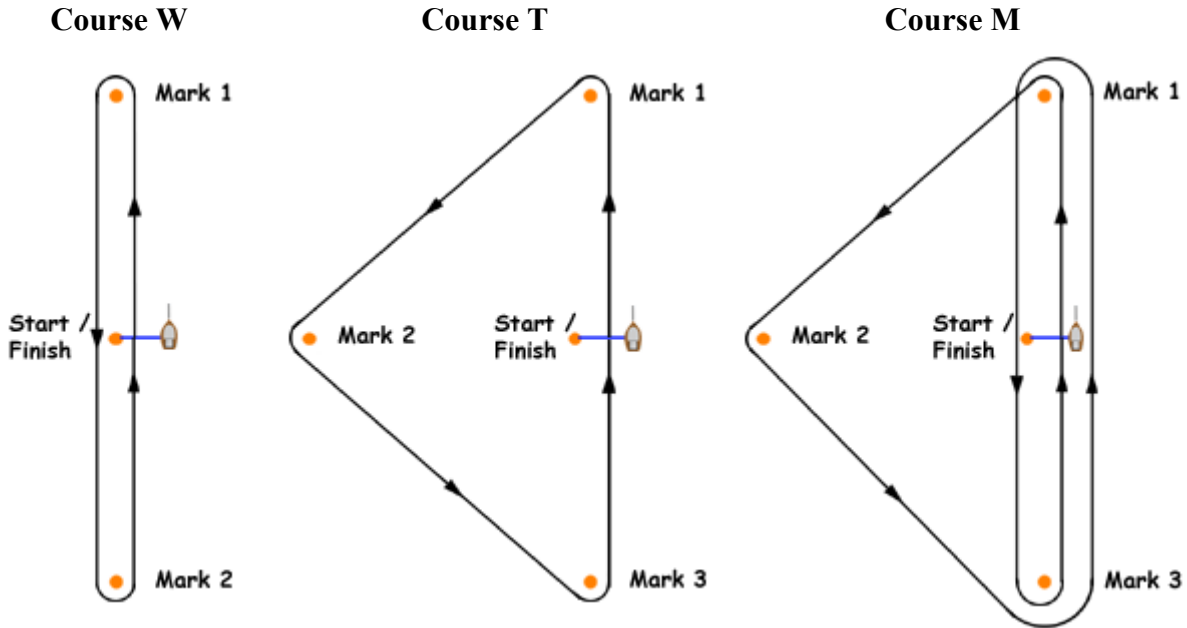
8.1 All boats must conform to their class rules and any applicable JSA Inspection Checklist, and are subject to inspection by the organizing authority or the judges at any time during the event.

8.2 Before the first warning signal of the day, all competitors must check in with the race committee by sailing or towing past the stern of the anchored signal boat and hailing their sail number until acknowledged by a race committee member. Competitors who fail to check-in may be subject to disqualification for the regatta in the discretion of the Race Committee. Infractions of this instruction may only be protested by the race committee.

8.3 A boat that retires from a race shall notify a race committee boat before leaving the racing area. If this is impossible, then the competitor shall notify a regatta representative immediately after arriving ashore.

9. THE COURSE

9.1 The diagrams with the identifying letters below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.



- Course W Modified Windward/ Leeward - with start and finish in middle of windward leg.
Course T Modified Triangle - with start and finish in middle of windward leg.
Course M Modified Gold Cup - Triangle followed by windward, leeward, windward with start and finish in middle of windward leg.

9.2 The identifying letter of the course selected will be displayed from the race committee signal boat before or with the warning signal for each class.

9.3 The numeral "2" displayed next to the course means twice around.

9.4 The start/finish line shall not be crossed except before the start, when starting or when finishing.

10. MARKS

10.1 Marks 1, 2, and 3 will be large orange or red tetrahedrons.

10.2 New marks, as provided in instruction 12, Change of Position of the Next Mark, will be small yellow or red tetrahedrons.

10.3 The starting/finishing mark will be an orange tetrahedron or a staff with an orange flag on the Race Committee boat.

11. THE START

11.1 Races will be started using rule 26, as follows:

<u>SIGNAL</u>	<u>FLAG and SOUND</u>	<u>MINUTES BEFORE STARTING SIGNAL</u>
Warning	Class flag, 1 sound	5
Preparatory	P, I, Z, Z with I, or black flag; 1 sound	4
One minute	Preparatory flag removed; 1 long sound	1
Start	Class flag removed; 1 sound	0

11.2 A series of short sounds will be used to call attention just before each warning signal.

11.3 Classes will start in the order shown in SI 6. After the start of the preceding class, the race committee will begin a new starting sequence as described above.

11.4 A boat shall start within four minutes after her starting signal.

11.5 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the starting mark.

11.6 Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made. Failure to keep clear may result in disqualification.

11.7 Additional races may start immediately after the completion of the preceding race.

12. RECALLS

12.1 When an individual recall is signaled, the race committee may attempt to hail the sail number of each boat that is over early. However, it shall be the sole responsibility of each boat to start properly. When the Round-an-End-Rule is in effect, the race committee may hail sail numbers during the minute before the start.

12.2 The race committee procedure for hailing boats that were OCS shall not be grounds for redress.

12.3 After a general recall, the warning signal for the recalled class will be made one minute after the general recall signal is lowered.

13. CHANGE OF POSITION OF THE NEXT MARK

To change the position of the next mark, the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

14. THE FINISH

The finishing line will be between a staff displaying an orange flag on a race committee boat and the nearby mark.

15. TIME LIMIT

15.1 The time limit for the first boat to finish in each class will be 45 minutes.

15.2 Boats failing to finish within 20 minutes after the first boat finishes will be scored "TLE." They shall receive the same number of points plus one as the number of finishers in that race. (This modifies RRS rule 35 and Appendix A 4.2).

15.3 If a boat in last place in a race is delaying the next start, the race committee may order the race terminated and score the boat points equal to the number of finishers plus one.

16. PROTESTS

16.1 Upon finishing a race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the Race Committee of her intent to protest and, if possible, the sail number of the protested boat. (this adds to rule 61.1)

16.2 Protests shall be written on forms available at the Norwalk Yacht Club Junior Clubhouse and delivered to the race committee signal boat within 20 minutes after the race committee boat docks.

16.3 The JSA Arbitration Procedure (as described in Appendix C of the 2004 Rules for JSA Events) shall apply to protests involving Rules of Part 2. (This changes Rule 63)

16.4 Protests under sailing Instructions 7.2, 8.5, 10.6, and 14 may only be made by the Race Committee.

17. SCORING

The Low Point Scoring System, Appendix A of the Racing Rules of Sailing, will apply, as modified here.

18. DISCIPLINE

18.1 All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play, and with the JSA Code of Ethics. The regatta organizer or protest committee may discipline and/or penalize a junior sailor or an instructor, for actions that include, but are not limited to, the following: a) swearing at, intimidating or harassing anyone, including teammates, on or off the water; or b) stealing or borrowing without permission, anything that does not belong to them; or c) possessing, consuming or being under the influence of alcohol or illegal drugs.

18.2 Trash – Competitors, instructors and support personnel are strictly prohibited from throwing trash overboard, but may hail any safety boat at appropriate times between races to remove such trash. Any littering may result in a penalty imposed by the Race Committee upon the offending party.

19. PRIZES

19.1 Equal prizes will be awarded to crew and helmsman.

19.2 The Norwalk Yacht Club will award prizes for first place, second place for five or more boats, third place for ten or more boats, and fourth and fifth places for more than 15 boats.

19.3 A sportsmanship trophy may be awarded at the discretion of the race committee.

19.4 This is a qualifying regatta for the following JSA trophies:

- a.) Clinton N. Bell Trophy (Laser Radial)
- b.) Christopher Goodyear Neff Trophy (Laser Radial)
- c.) Larry Kean Trophy (Blue Jay)

20. RESPONSIBILITY FOR SAFETY

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.