

AMERICAN YACHT CLUB
Optimist Invitational Regatta
Rye, New York
July 7, 2007

Sailing Instructions

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005- 2008, the rules of the United States Optimist Dinghy Association (USODA) and the 2006 Rules for JSA Events.

2 Notices to Competitors

2.1 Notices will be posted on the official regatta notice board located on the Clubhouse front porch.

2.2 Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.

3 Signals Made Ashore

3.1 Signals made ashore will be displayed from the Club flagpole.

3.2 The harbor start will be signaled by a gun or horn blast from the committee boat. Postponement or abandonment may be signaled instead of harbor start.

3.3 No boat shall leave the dock until the harbor start has been signaled.

4 Schedule

4.1 As many races as is reasonably possible will be run. At least one race must be completed to constitute a series.

4.2 0830-1000 Registration
1030 Skippers Meeting
1100 Harbor Start
1130 First warning signal
(No warning signal will be made after 1630.)

The awards ceremony will be held on the Club lawn as soon as possible after racing.

5 Class Flags

The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate color from the top of their sprit pole while racing.

6 Racing Area

The racing area will be in the vicinity of Nun 40A southeast of American Yacht Club. The proper and safe course to the racing area will be defined by temporary marks.

7 Safety

7.1 Each boat must comply with the USODA rules and with the 2006 JSA Optimist Inspection Checklist (Appendix A of the 2006 Rules for JSA Events). An inspection of some or all boats may be carried out at any time during the regatta.

7.2 Before the first warning signal, all competitors shall check in with the race committee by sailing on starboard tack or being towed past the stern of the anchored Committee Boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the Race Committee only.

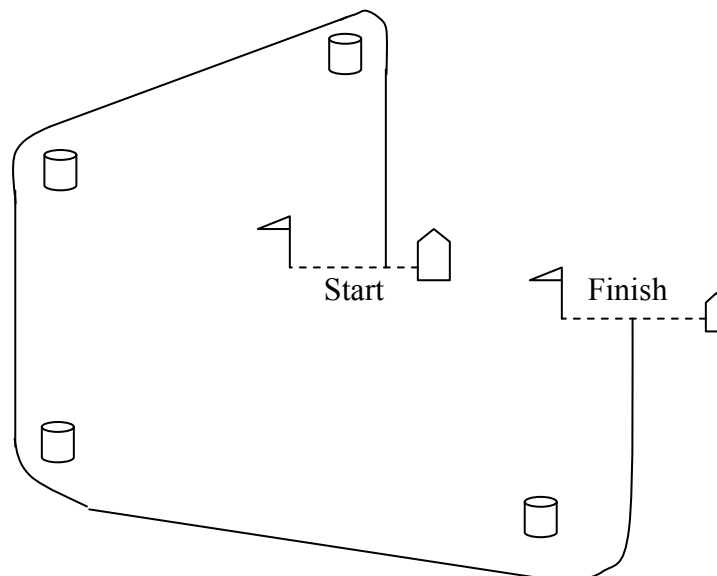
7.3 A boat that retires from a race shall notify a Race Committee Boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

8 The Course

8.1 The course shall be a modified Trapezoid as shown below. All rounding marks shall be left to port.

8.2 All competitors are requested to stay clear of the starting area unless they are starting, and to clear the finish area once they have finished. See 10.5, below.

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9 Marks

- 9.1 Marks 1, 2 and 3 will be yellow inflatable balls.
- 9.2 The starting mark will be a pin flying an orange flag.
- 9.3 The finishing mark will be a pin flying an orange flag.

10 The Start

10.1 Races will be started in accordance with the Sound-Signal Starting System as follows:

Signal	Time to Start	Sound	Visual
Warning	3 minutes	3 long blasts	Class flag(s) hoisted Red, Blue and/or White
Preparatory	2 minutes	2 long blasts	
	1.5 minutes	1 long 3 short	
	1 minute	1 long blast	
	30 seconds	3 short blasts	
	20 seconds	2 short blasts	
	10 seconds	1 short blast	
	5-1 seconds	1 short blast each second	
Start	0	1 long blast	Class flag(s) lowered

10.2 A series of short sounds will be used to call attention before each warning signal.

10.3 At the Warning (three minute) Signal, a colored flag(s) will be flown from the Race Committee boat signifying the next division(s) to start (i.e. Red, Blue and/or White).

10.4 The starting line will be between an orange flag on the port side of the Race Committee Boat and a pin to port of the Committee Boat.

10.5 Boats whose Preparatory Signal has not been made shall keep clear of the starting area and of all boats whose Preparatory Signal has been made.

10.6 Additional races may start as soon as possible after each fleet completes the preceding race.

10.7 In the discretion of the Race Committee, the Blue and Red fleets may be started together, in which case they will be scored separately.

11 Recalls

11.1 Individual recalls will be signaled by Flag "X" and one sound signal. The Race Committee will attempt to hail the sail numbers of boats that are over early.

11.2 A general recall will be signaled by flag “First Substitute” and two sound signals. After a general recall, the three-minute sequence will begin one minute after the lowering of flag “First Substitute.”

11.3 The Round-the-End Rule is in effect when Flag “I” is displayed before or with the warning (three minute) signal. In this case, the I flag will be lowered at one minute and the Race Committee may begin hailing sail numbers then.

12 The Finish

The finish line will be between an orange flag on the port side of the Finishing Boat and a pin to port of the Finishing Boat.

13 Penalty System

The two-turns penalty is in effect for all races.

14 Time Limit

14.1 The time limit for the first boat in each division in each race to finish will be 60 minutes.

14.2 Those boats that do not finish within 20 minutes of the first boat in their division will be scored "TLE." They shall receive the number of points that is half way between the number of boats that started that race and the number of boats that finished it. (This changes Rules 35 and A4.2.)

15 Protests

15.1 Upon finishing each race, a boat intending to protest another boat shall immediately, without consultation with instructors or spectators, notify the Race Committee of her intent to protest and, if possible, the sail number of the protested boat. (This adds to Rule 61.1)

15.2 A protesting boat does not need to lodge a written protest. (This changes Rule 61.2.)

15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2006 Rules for JSA Events) shall apply to protests involving Part 2 rules. (This changes Rule 63.)

15.4 The Race Committee will post a list of protests and a hearing schedule within 15 minutes after arriving ashore. It is the responsibility of all competitors to check the official notice board immediately after returning ashore to see if they are involved in a protest and, if so, when it will be heard. Failure to do this may result in a protest being decided without all parties present.

15.5 Protests under Sailing Instructions 3.3, 5, 7.2, 10.5 and 14 may be made only by the Race Committee.

16 Support Craft

Any club entering three or more boats shall supply a support craft equipped with a VHF radio, an anchor, and a first aid kit. The instructor or adult who shall be driving the support craft must check with the Race Committee about safety patrol assignments and responsibilities. Spectator boats shall stay clear of the race area(s) and any safety zone marked by orange balls at all times.

17 Scoring

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply except that no races will be discarded.

18 Discipline

All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The regatta organizer or protest committee may discipline and/or penalize a junior sailor for actions that include, but are not limited to, the following:

- (a) swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
- (b) stealing or borrowing, without permission, anything that does not belong to them; or
- (c) possessing, consuming or being under the influence of alcohol or illegal drugs.

19 Prizes

19.1 Prizes will be awarded to the top five finishers in the Red, Blue and White Fleets.

19.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

20 Responsibility for Safety

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the American Yacht Club, Rye, NY, the owner and the helmsperson each agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the American Yacht Club, Rye, NY and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity, including any claims against the race committee. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.