

Milford Yacht Club Annual Opti Regatta -- July 28, 2005

Sailing Instructions

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008, the rules of the U. S. Optimist Dinghy Association (USODA), and the Rules for JSA Events.

2 Notices to Competitors

Notices will be posted on the official regatta notice board located on the side of the Junior Yacht Club Building facing the hoist area. Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start.

3 Signals Made Ashore

Signals made ashore will be displayed from a pole in the hoist area. The harbor start will be signaled by a long sound signal. No boat shall leave the dock area until the harbor start has been signaled.

4 Schedule

4.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to have a series.

4.2 The schedule is as follows:

Registration 0800-9300 – *Main Clubhouse* Skippers' Meeting 1000 -- *Front lawn*
Harbor Start 1030 First Warning Signal 1100

5 Class Flags

The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; a white flag for the White Fleet, and a green flag for the Green Fleet. Boats shall display a streamer of the appropriate color from the top of their sprit pole while racing.

6 Racing Area

The racing area will be in the "The Gulf," off Milford.

7 Safety

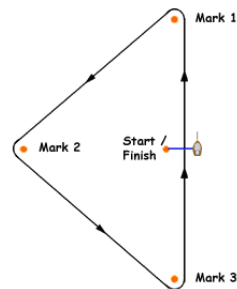
7.1 Each boat must comply with the USODA rules and with the JSA Optimist Inspection Checklist (Appendix A of the Rules for JSA Events). An inspection of some or all boats may be carried out at any time.

7.2 Before the first warning signal of the day, all competitors shall check in by sailing or towing past the stern of the race committee boat and hailing their sail number.

7.3 A boat that does not finish a race shall notify a race committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.

8 The Course

The course shall be a modified triangle as shown below. All rounding marks shall be left to port.



9 Marks

9.1 Green Course: Start/Finish Mark will be a green tetrahedron; marks 1, 2 and 3 will be red balls.

9.2 White Course: Start/Finish Mark will be a yellow tetrahedron; marks 1,2 and 3 will be orange tetrahedrons.

9.3 Red/Blue Course: Start/Finish Mark will be an orange tetrahedron; marks 1, 2 and three will be some combination of orange and yellow tetrahedrons and inflatable balls.

10 The Start

10.1 Races will be started in accordance with the Sound-Signal Starting System as follows:

| Signal | Time | Sound | Visual |
|-------------|-------------|---------------------------|--|
| Warning | 3 minutes | 3 long blasts | Class flag(s) hoisted Red, Blue, White or Green |
| Preparatory | 2 minutes | 2 long blasts | |
| | 1.5 minutes | 1 long 3 short | |
| | 1 minute | 1 long blast | |
| | 30 seconds | 3 short blasts | |
| | 20 seconds | 2 short blasts | |
| | 10 seconds | 1 short blast | |
| Start | 5-1 seconds | 1 short blast each second | |
| | 0 | 1 long blast | Class flag(s) lowered |

- 10.2 A series of short sounds will be made before each warning signal.
- 10.3 The Red and Blue fleets will start and race together. The White and Green fleets will race separately, each in its own race area.
- 10.4 The starting line will be between an orange flag on the race committee boat and the start/finish mark on the port side of the race committee boat.
- 10.5 Additional races may start very soon after each fleet completes the preceding race.

11 Recalls

- 11.1 Individual recalls will be signaled by Flag "X" and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early.
- 11.2 A general recall will be signaled by flag "First Substitute" and two sound signals. After a general recall, the three-minute sequence will begin one minute after the lowering of flag "First Substitute."
- 11.3 The Round-an-End Rule is in effect when Flag "I" is displayed with the warning (three minute) signal. The "I" flag will be lowered at one minute and the race committee may begin hailing sail numbers then.

12 The Finish

The finishing line will be between an orange flag on the race committee boat and the start/finishing mark.

13 Penalty System

The 720° Turns Penalty is in effect for all races.

14 Time Limit

The time limit for the first boat in each fleet in each race to finish will be 60 minutes. Those boats that do not finish within 15 minutes of the first boat in their division will be scored "TLE" and shall receive the number of points that is half way between the number of boats that started that race and the number of boats that finished it. (This changes rules 35 and A4.2.)

15 Protests

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of their intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)
- 15.2 A protesting boat does not need to file a written protest. (This changes rule 61.2.)
- 15.3 The JSA Arbitration Procedure (as described in Appendix C of the Rules for JSA Events) shall be used for hearing protests. (This changes Rule 63.)
- 15.4 Protests under sailing instructions 3, 5, 7.2 and 13 may be made only by the race committee.

16 Scoring

- 16.1 The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply. A boat's worst race will be excluded if at least five races are completed.
- 16.2 Fleets that race together (i.e. Red and Blue) will be scored separately by fleet.

17 Prizes

Prizes will be awarded to at least the top three finishers in each fleet. A sportsmanship trophy may be awarded at the discretion of the race committee.

18 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Milford Yacht Club, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Milford Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.