

*Knickerbocker Yacht Club Optimist Open
Manhasset Bay, New York
July 16, 2005
Knickerbocker Yacht Club
433 Main Street
Port Washington, N.Y. 11050*

Sailing Instructions

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2001-2004, the rules of the U. S. Optimist Dinghy Association (USODA), and the 2004 Rules for JSA Events.

2 Notices to Competitors

Notices will be posted on the official regatta notice board located on the back porch of the club. Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start. Changes to the instructions will be signaled with a code flag Charlie on the club's main flagpole.

3 Signals Made Ashore

Signals made ashore will be displayed from the club's main flagpole. The harbor start will be signaled by a single audible signal followed by the raising of the Location Flag (Defined in Section 6.) on the club's main flagpole. There will also be notification by radio on channel 72. No competitor shall leave the dock until the harbor start has been signaled.

4 Schedule

4.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to have a series.

4.2 The racing schedule is as follows:

		<u>Location</u>
Registration	0800	<i>Rear of club</i>
Safety Check	0800- 0930	<i>Dock</i>
Skippers' Meeting	0945	<i>Rear of club</i>
Harbor Start		As soon as reasonable following meeting.
First Warning Signal		No earlier then 45 minutes from end of meeting.

4.3 No warning signal will be made after 3:30 p.m.

5 Class Flags

The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate color to be supplied by KYC from the top of their sprit pole while racing.

6 Racing Area

The racing will take place in Circle A,B or C which will be announced at the Harbor Start with the raising of the Location Flag - Code Flag Alpha for Circle A, Code Flag Bravo for Circle B and Code Flag Charlie for Circle C. See attached chart for definition of locations.

7 Safety

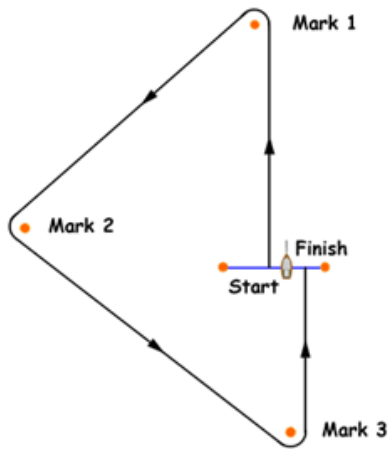
7.1 Each boat must comply with the USODA rules and with the 2004 JSA Optimist Inspection Checklist (Appendix A of the 2004 Rules for JSA Events). In addition to the initial inspection, an additional inspection of any or all boats may be carried out at any time.

7.2 Before the first warning signal of the day, all competitors shall check in by sailing or towing past the stern of the race committee boat and hailing their sail number.

7.3 A boat that does not finish a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore. Additionally, following the days races, competitors are required to check in with the regatta representative located at the head of the gangway on the main dock, unless the competitor is from Manhasset Bay or Port Washington Yacht Clubs, in which case, an instructor from one of those clubs will notify the race committee that all their competitors are accounted for. This can be done via VHF radio on channel 72.

8 The Course

The course shall be a modified triangle as shown below. All rounding marks shall be left to port.



9 Marks

- 9.1 Marks 1, 2 and 3 will be orange tetrahedrons.
- 9.2 The starting mark will be Orange flag on a pole mounted on a boat located to port of the Committee Boat. The flagpole will represent the pin side of the Starting Line.
- 9.3 The finishing mark will be Blue flag on a floating pin to Starboard of the Committee Boat.

10 The Start

- 10.1 Each division will have a separate starting sequence. Prior to the sequence the appropriate division flag will be raised followed by a series of audible signals.

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Races will be started in accordance with the Sound-Signal Starting System as follows:

Signal	Time	Sound
Warning	3 minutes	3 long blasts
Preparatory	2 minutes	2 long blasts
	1.5 minutes	1 long 3 short
	1 minute	1 long blast
	30 seconds	3 short blasts
	20 seconds	2 short blasts
	10 seconds	1 short blast
	5-1 seconds	1 short blast each second
Start	0	1 long blast

- 10.5 The starting line will be between an orange flag on the race committee boat and a pin mounted in a boat as described in section 9.2.
- 10.6 Additional races may start very soon after each fleet completes the preceding race.

11 Recalls

- 11.1 Individual recalls will be signaled by Flag "X" and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early.
- 11.2 A general recall will be signaled by flag "First Substitute" and two sound signals. After a general recall, the three-minute sequence will begin one minute after the lowering of flag "First Substitute."
- 11.3 The Round-an-End Rule is in effect when Flag "I" is displayed with the warning (three minute) signal. The I flag will be lowered at one minute and the race committee may begin hailing sail numbers then.

12 The Finish

The finishing line will be between a blue flag on the race committee boat and the finishing mark on the starboard side of the race committee boat.

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- 12.1 Following a finish the competitor must clear the finish line and shall stay out of the area created by drawing a triangle between the finish pin, the starting pin and the leeward mark.

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12.2 In addition to 12.1, the competitor must, at the first opportunity, clear the area between the two ends of the finish line and warning buoy(s) set upwind of the finish line.

12.3 Breaking rules 12.1 or 12.2 may result in a disqualification from the prior race, at the discretion of the Race Committee.

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12.4 Any attempts to prevent a competitor from complying with 12.2 or attempts to force a competitor to break 12.1 may also result in a disqualification from the prior race, at the discretion of the Race Committee.

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13 Penalty System

The 720° Turns Penalty is in effect for all races.

14 Time Limit

The time limit for the first boat in each division in each race to finish will be 60 minutes. Those boats that do not finish within 15 minutes of the first boat in their division will be scored "TLE" and shall receive the number of points that is half way between the number of boats that started that race and the number of boats that finished it. (This changes rules 35 and A4.2.)

15 Protests

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of their intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)

15.2 A protesting boat does not need to file a written protest. (This changes rule 61.2.)

15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2004 Rules for JSA Events) shall be used for hearing protests. (This changes Rule 63.)

15.4 Protests under sailing instructions 3, 5, 7.2 and 13 may be made only by the race committee.

16 Scoring

- 16.1 The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply. A boat's worst race will be excluded if at least five races are completed.

17 Prizes

Prizes will be awarded to the top five finishers in the White, Blue and Red Fleets. A sportsmanship trophy may be awarded at the discretion of the race committee.

18 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Knickerbocker Yacht Club, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Knickerbocker Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

Chart mentioned in section 6 will be available on race day at Registration Desk