

Noroton Optimist Team Race Clinic and JSA-LIS Team Race Champs
Noroton Yacht Club, Darien, CT
17-18 July 2005

The organizing authority for this event is Noroton Yacht Club and The Junior Sailing Association of Long Island Sound.

NOTICE OF RACE

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008 including Appendix D—Team Racing Rules, the rules of the U. S. Optimist Dinghy Association (USODA), the 2005 Rules for JSA Events, and The Sailing Instructions.

2 Eligibility

- 2.1 All competitors are required to be members of the USODA.
- 2.2 Teams shall consist of 4 or 5 sailors and 4 boats. All teams must have at least one female member, and all team members must participate equally in racing.
- 2.3 All teams must have a coach and support boat at the event on both days. Coaches should be prepared to assist the Race Committee with mark setting and competitor safety.
- 2.4 *For the JSA-LIS Team Race Championship Only.*
 - a. All competitors must comply with the eligibility rules of the JSA of LIS.
 - b. This event is open to Optimist sailors representing member programs in JSA Areas A, B and C.
 - c. All participants shall be certified as competent for this event by either the head instructor or the program head of their member program.
- 2.5 *For The Noroton Opti Team Race Only.*

Teams from yacht clubs/programs outside the JSA may enter if space permits, in which case entries will be accepted in order of date of receipt.

3 Entry Requirements

- 3.1 A completed Entry Form with entry fee of \$ 250 per team.
- 3.2 A completed standard JSA Waiver and Medical Authorization Form for each competitor.
- 3.3 The entry fee and all forms must be received by Wes Whitmyer, Jr at 72 Fernwood Drive, Stamford, CT 06903 (tel 203-274-5868) by Friday July 1, 2005. The Entry Form, JSA Waiver and Medical Authorization Form may be submitted electronically as a PDF file to

wesjr@whitmyer.org. One check, payable to Noroton Yacht Club, must be drawn per team for all fees.

- 3.4 Late entries may be accepted if there is room. To inquire about registering after the date listed above, contact the regatta chairperson. The entry fee for late entries is \$ 300 per team.

4 Registration and Sailing Instructions

- 4.1 Each participant must appear in person at the registration table during the registration period. Sailing instructions will be available before or during this time.
- 4.2 The race committee will supply colored streamers to be displayed by each boat. Teams will be assigned a streamer color on the day of the regatta. Depending on the number of entries, teams may be randomly assigned to a racing area. The race committee will attempt to run a round robin at each racing area followed by a championship elimination as time and conditions permit.

5 Changes to the Racing Rules

A boat intending to protest shall comply with Appendix D2.1 and shall, as soon as possible upon finishing the race and without consultation of teammates, coaches or spectators, notify the race committee of her intent to protest and, if possible, the sail number of the protested boat. Failure to strictly comply with these requirements may result in summary disallowance of the protest. A protesting boat does not need to lodge a written protest. Where possible, all protests will be decided on the water immediately after each race. All decisions are final in accordance with Appendix D2.4.

6 Schedule

- 6.1 Erin Maxwell will run a team race clinic on Sunday July 10 in conjunction with the coaches for each registered team. Practice races may be included as part of the clinic on Sunday. On Monday, the race committee will attempt to run a double round robin followed by a seeded elimination. At least one round robin must be completed to constitute a regatta.

- 6.2 The schedule of events is as follows:

Sunday July 17--Team Race Clinic with Erin Maxwell	
Registration	0900
Coaches' Briefing	0930
Skippers' Briefing	0945
Skippers' Debriefing	1530
Monday July 18--Team Racing	
Skippers' Meeting	0800
Harbor Start	0830
Presentation of Awards	1800 est

- 6.3 Continental breakfast and an after race snack will be provided both days. Lunch will be provided to competitors and coaches both days.

7 Equipment and Safety Requirements

Each boat must comply with the USODA rules and with the 2005 JSA Optimist Inspection Checklist (Appendix A of the 2005 Rules for JSA Events). An inspection of some or all boats may be carried out at any time during the event.

8 Racing Area

The racing areas will be approximately ¼ mile S and SW of Long Neck Point.

9 Sail Numbers

Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected in compliance with Rule 76.1. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

10 Discipline

All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The regatta organizer, race committee, or Judge may discipline and/or penalize a sailor for actions that violate the JSA Ethics Guidelines.

11 Support Craft

Each team shall supply a support craft equipped with a working VHF Radio, an anchor and a first aid kit. A coach or other adult shall drive the support craft in accordance with JSA 9.4 (c) and (d). Spectator and coach boats shall stay well clear of the course area while boats are racing.

12 Prizes

Prizes will be awarded to at least the top JSA team and the top team overall.

13 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Noroton Yacht Club and the JSA of LIS, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Noroton Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

14 Web Site

The Notice of Regatta, Sailing Instructions, results and other information are available on the JSA of LIS web site at www.jsalis.org and on the Noroton Yacht Club web site at www.norotonyc.org.

Regatta Chairman: *Wes Whitmyer, Jr* *203 550-3506*

Principal Race Officers: *Bill Crane*
 Wes Whitmyer, Jr

Protest Committee: