

***Area B Junior Women's Single-Handed Leiter Clinic and  
Regatta  
and JSA Girls' Championship  
July 9 & 10, 2005  
Sponsored by U.S. Sailing and Oyster Bay Sailing Foundation***

**SAILING INSTRUCTIONS**

**1 Rules**

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the 2003 Rules for the JSA Girls' Championship, and Appendix Q.

**2 Eligibility & Entry**

- 2.1 This regatta is open to Junior Women in Area B between the ages of 13 and 18 (must not have reached their 19th birthday during 2005).
- 2.2 This regatta is for boats of the International Laser Class (Radial Rig). Competitors shall be members of the International Laser Class (Radial Rig).
- 2.3 All competitors shall be certified competent for this event by the Head Instructor or the Program Head of the Junior Sailing Program at their club or organization.
- 2.4 This regatta is "a JSA Championship that is open for competitors who have qualified as specified under the JSA Rules and Conditions for Championship Events." The Girls' Championship is limited to JSA membership; the Leiter is open to all Area B contestants.
- 2.5 Eligible competitors may be entered by submitting to Joan Lawson all appropriate forms and fees before the deadline as described in the notice of race.

**3 Notices to Competitors**

- 3.1 Notices will be posted on the official regatta notice board located in the junior clubhouse.
- 3.2 Any change to the sailing instructions will be posted immediately after the skippers' meeting on July 10, 2005.

- 3.3 Any changes to the racing schedule will be posted no later than 1800 on July 9, 2005.

#### **4 Signals Made Ashore**

- 4.1 Signals made ashore will be displayed from the flagpole next to the junior clubhouse.
- 4.2 The Race Committee will signal the Harbor Start with one sound signal.
- 4.3 No boat shall leave the launching area until the harbor start has been signaled.

#### **5 Schedule**

- 5.1 Six races are scheduled. At least one race must be completed to constitute a series. No warning signal will be made after 5 p.m. on Sun., July 10th.
- 5.2 The proposed schedule of events is as follows:  
Competitors' Meeting: Sunday, July 10 at 9 a.m.  
Harbor Start: 9:30 a.m.  
Lunch: on the water  
Presentation of Awards: immediately following the races on Sunday

#### **6 Racing Area**

The racing area will be Oyster Bay, Cold Spring Harbor and/or Long Island Sound. The rendezvous for the first race of the day will be announced at the skippers' meeting.

#### **7 Safety**

- 7.1 All boats must conform to their class rules and any applicable JSA safety or measurements rules, and are subject to inspection by the organizing authority or the judges at any time during the event.
- 7.2 After the Race Committee has anchored on station for the start and before the first warning signal for the day, all competitors shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored committee boat and hailing their sail number until acknowledged by a committee member. The penalty for violation of this instruction shall be at the discretion of the protest committee..
- 7.3 A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.

#### **8 The Courses**

- 8.1 Course W      Windward, leeward, windward with start and finish in the middle of the windward leg.
- Course T      Triangle with start and finish in middle of the windward leg.

Course M      Triangle followed by windward, leeward, windward with the start and finish in middle of the windward leg.

- 8.2 The identifying letter of the course selected will be displayed from the race committee signal boat before or with the warning signal.
- 8.3 The number “2” displayed next to or beneath the course letter means twice around.
- 8.4 Competitors shall not cross the starting or finishing lines while they are on a leeward leg of Course W or M.

## **9 Marks**

- 9.1 Marks other than the Race Committee signal boat will be inflatable buoys

## **10 The Start**

- 11.1 The Races will be started in accordance with Appendix Q.
- 11.2 A boat shall start within four minutes of her starting signal.
- 11.3 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the starting mark.
- 11.4 Subsequent races will be started as soon as possible after the completion of a preceding race.

## **11 Recalls**

- 11.1 With regard to Appendix Q6, the race committee shall not be subject to a request for redress for:
- a) the failure of a boat to hear or receive a recall hail, or
  - b) the order in which recall numbers are hailed; or
  - c) the timeliness of the hail
- This modifies Racing Rules of Sailing 62*
- 11.2 After a general recall, the warning signal for the recalled class will be made one minute after the general recall signal (flag First Substitute) is lowered.

## **12 Change of Position of the Next Mark**

To change the position of the next mark, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated, without further signaling, to maintain the original course configuration.

## **13 The Finish**

The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of a nearby finishing mark.

## **14 Time Limits**

- 14.1 The time limit for the first boat to finish in each class will be (1) hour.
- 14.2 Boats that do not finish within 20 minutes after the first boat finishes will be scored "TLE." They shall receive the number of points that is one more than the number of boats that finished. (This changes rules 35 and A4.2)
- 14.3 If a boat in last place in a race is delaying the next start, the race committee may order the race terminated and score the boat points equal to the number of finishers plus one.

## **15 Protests**

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of her intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)
- 15.2 Protests shall be written on forms available at the junior house and delivered to the Race Committee before the end of protest time, which will be posted on the notice board. Hearings will be held as soon as possible after the delivery of the protest form to the Race Committee.
- 15.3 The JSA Arbitration Procedure (as described in appendix C of the 2003 Rules for JSA Events) shall apply to protests involving Part 2 rules. (This changes Part 5, Section B of The Racing Rules of Sailing).

## **16 Arbitration** (This changes Part 5, Section B of *The Racing Rules of Sailing*)

- 16.1 For protests involving an alleged breach of a Part 2 rule, a short arbitration hearing will be held prior to a protest hearing.
- 16.2 After the written protest form is properly lodged, one representative from each boat will meet with the arbitrator; no witnesses will be allowed. Protests not resolved by arbitration will be lodged with the protest committee.
- 16.3 Arbitration hearing may be held on the water at the discretion of the race committee and the arbitrator.
- 16.4 The arbitrator is neither the race committee nor the protest committee; therefore decisions made at arbitration cannot be grounds for redress or be appealed.

## **17 Scoring**

- 17.1 The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply, with six races planned, of which one shall be completed to constitute a regatta, except that each boat's total score will be the sum of her scores for all races, excluding her worst score if six races are completed unless prohibited by Rule 89

3b except that boats scored “OCS” or “DNF” will be scored points for the finishing place one more than the number of boats that finished. This modifies Appendix A. Scoring for the JSA Girls’ Championship will be separate from the Area B Leiter Trophy.

17.2 A boat that accepts fault at arbitration shall receive a scoring penalty of 40% of the number of boats entered (rounding 0.5 upward) added to her finishing position, except that she shall not be scored worse than ‘DSQ’. The scores of the other boats in the fleet shall not be changed; therefore two boats may receive the same score.

## **18 Discipline**

All competitors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The organizing authority, host club or protest committee may discipline and/or penalize any competitor or instructor for consumption of alcoholic beverages or any controlled substance, for destruction or theft of property, or for any unseemly conduct.

## **19 Prizes**

19.1 The JSA and U.S. Sailing will award prizes for first to sixth places.

19.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

19.3 Perpetual Trophies

The JSA Girls’ Championships perpetual trophy will be awarded. The member program whose entrant wins a perpetual trophy shall have possession of the trophy for one year and is responsible for getting it engraved and delivering it safely to the regatta venue the following year.

19.4 The top finisher from Area B will receive a grant for \$125 to cover some of the expenses for the U.S. Sailing Junior Women’s Single-handed National Championship – Leiter Trophy, which will be held at the California Yacht Club, Marina Del Ray, California, July 30- August 5th.

## **20 Responsibility for Safety**

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Seawanhaka Corinthian Yacht Club, the competitor agrees that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely her responsibility. Each of them waives all claims which she, or any heir, representative, successor or assignee, may have against the Seawanhaka Corinthian Yacht Club, the Oyster Bay Sailing Foundation, U.S. Sailing, and the JSA of LIS and each of their officers, trustees members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity to the fullest extent permitted by law. Responsibility for evaluating wind, sea and weather conditions rest with each competitor, as does the responsibility for the safe condition and operation of her boat including safety equipment and rigging and for wearing a life jacket. Assistance

from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.