

2005 Girl's Optimist Clinic & Regatta of Long Island Sound
Noroton Yacht Club
July 10 and 11, 2005

Organizing Authority: Noroton Yacht Club
Location: 23 Baywater Drive, Darien, CT 06820

NOTICE OF RACE

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008, the rules of the U. S. Optimist Dinghy Association (USODA), and the 2005 Rules for JSA Events.

2 Eligibility

- 2.1 All competitors must comply with the eligibility rules of the JSA of LIS.
- 2.2 This event is open to all girl Optimist sailors born on or after January 1, 1990.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program. Competency is defined by the JSA as follows: Each entrant is able to sail her Optimist to windward and to leeward in a variety of wind conditions, is able to right the boat after a capsized, and has previously sailed a race course.
- 2.4 As per class and JSA rules, all competitors are required to be members of the United States Optimist Dinghy Association (USODA).

3 Entry Requirements

- 3.1 A completed entry form with entry fee of \$60 per sailor.
- 3.2 A completed JSA Standard Waiver and Medical Release Form for each competitor.
- 3.3 The entry fee and all forms must be received by Girl's Clinic & Regatta, Noroton Junior Sailing at 23 Baywater Dr., Darien, CT 06820 no later than 5 pm on Tuesday, July 5, 2005. One check, payable to Noroton Yacht Club, must be drawn per club for all fees.
- 3.5 Late entries may be accepted if there is room. To inquire about registering after the date listed above, contact Noroton Junior Sailing. The entry fee for late entries is \$75 per sailor.

4 Registration and Sailing Instructions

- 4.1 Each participant must appear in person at the registration table during the registration period. Sailing instructions will be available before or during this time.
- 4.2 Competitors will be assigned to fleets according to their age on the day of the regatta as follows:

White Fleet	10 and under
Blue Fleet	11 and 12
Red Fleet	13, 14, and 15

These fleets may race together or separately.

The race committee will supply colored streamers to be displayed by each boat.

5 JSA Qualifying

This event is not a qualifying event for the 2005 JSA Optimist Championship.

6 Changes to the Racing Rules

6.1 Upon finishing each race, a boat intending to protest shall as soon as possible, without consultation with instructors or spectators, notify the race committee of her intent to protest and, if possible, the sail number of the protested boat. Also, a protesting boat does not need to lodge a written protest. (These add to or change rule 61.)

6.2 The JSA Arbitration Procedure (Appendix C of the 2005 Rules for JSA Events) shall be used for hearing protests. (This changes Rule 63.)

7 Schedule

7.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to constitute a series.

7.2 The schedule of events is as follows:

Sunday, July 10 – Clinic with Erin Maxwell

Registration: 0800 in the “Breezeway” at Noroton Yacht Club

Clinic – sailors should be rigged and ready to sail by 0900;

lunch on the water, bring your own lunch and drink;

clinic runs until 1700.

Monday, July 11 – Regatta

Coaches’ Meeting: 0900

Skippers’ Meeting: 0915

Harbor Start: 0930

First warning signal: approx. 1015

Presentation of Awards immediately following the races.

7.3 No warning signal will be made after 1600.

8 Equipment and Safety Requirements

Each boat must comply with the USODA rules and with the 2005 JSA Optimist Inspection Checklist (Appendix A of the 2005 Rules for JSA Events). An inspection of some or all boats may be carried out at any time during the event.

9 Racing Area

The racing area will be approximately ½ mile southwest of Long Neck Point.

10 Scoring

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply. A boat's worst race will be excluded if at least five races are completed.

11 Sail Numbers

Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected in compliance with Rule 76.1. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

12 Discipline

All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play.

13 Support Craft

Any club entering three or more boats shall supply a support craft equipped with a working VHF Radio, an anchor and a first aid kit. An instructor or other adult shall drive the support craft in accordance with JSA 9.4 (c) and (d) and shall check with the regatta organizers before the first day's harbor start about safety patrol assignments and responsibilities. Spectator and coach boats shall stay well clear of the course area while boats are racing.

14 Food and Drink

Each sailor is responsible for her own lunch and refreshments.

15 Prizes

Prizes will be awarded to the top 5 finishers in the Red, Blue & White fleets and top 10 overall.

16 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Noroton Yacht Club, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Noroton Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

17 Web Site

The Notice of Regatta, Sailing Instructions, results and other information are available on the Noroton web site at www.norotonyc.org and at the JSA web site at www.jsalis.org.

Regatta Chairperson: *Bob Monroe, rmonro@kaz.com*
Principal Race Officer: *Bill Crane, crane@storm-nyla.com*