

## Pequot Yacht Club Winter Sailing 2007-2008

Just because the summer may be over, doesn't mean it's the end of the sailing season. The best sailing of the year is actually in the winter and its called 'Frostbiting'. Many people think its too cold to sail in the winter, but that is a misnomer. I've been far colder skiing than I ever have frostbiting in our protected harbor. Frostbiting is the perfect way to learn the rules or improve your sailing skills.

- Fall season runs November and December and the Spring season runs January through March
- Two divisions for all skill levels from first time frostbiters or beginner sailors, straight through to the 'Daves'
- Ongoing clinics for all skill levels
- Inexpensive program, approximately \$300 registration fee for the year and \$300 for a charter boat
- Family fun Thanksgiving weekend regatta with kids
- Great social events including the famous Superbowl party
- Beginner/ Intermediate race on Sundays from 11:30 to 1:00 pm
- Advanced race on Sundays from 1:30 to 3:30

Last year we had 36 sailors participate including men, women and juniors - ranging from 12 to 82 years of age!

If you are interested or want more information, please contact me at via email Dan.Nash AT mbia DOT com; Frostbite Chair.

If you are a little hesitant, we hold a pre-season clinic to come and learn about frostbiting and give it a try before committing for the season.

Hope to see you on the water this winter!